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Elevating lived experience

THE CHALLENGE

Peer support from lived experience strengthens recovery and prevents relapse, but stigma, myths and limited funding keep it out of reach for too many.

OUR IMPACT

Together with our lived experience partners, we champion peer programs, challenging myths and embedding them in care to boost recovery, reduce relapse and strengthen systems.

For more information, visit turningpoint.org.au/30-years-of-impact/lived-experience.



Strengthening evidence for peer support

In 2015, we led Australia's first Life in Recovery study, showing peer support drives wellbeing and recovery, and providing evidence that shaped policy and investment in lived experience roles.



I believe lived experience roles play a vital role in recovery and connection, and I feel truly privileged to now be in a position to offer that same support to others.

Turning Point lived experience trainee



When people are accessing services and they're connecting to peer workers who are working alongside clinical staff, there's a new level of trust.

Turning Point lived experience manager

Growing our lived experience workforce

Over the past decade, we've embedded lived experience leadership across our clinical, education and research teams, strengthening care and ensuring programs reflect the voices of those most affected.